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1 Sex Differences in Mate Preferences Across 45 Countries: A Large-Scale Replication

2
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108

109

110 Abstract

111 Considerable research has examined human mate preferences across cultures, finding
112 universal sex differences in preference for attractiveness and resources, and sources of
113 systematic cultural variation. Two competing perspectives, an evolutionary psychological
114 perspective and biosocial role perspective, have emerged to explain these findings. However, the
115 original data upon which each perspective relies is decades old and the literature is fraught with
116 conflicting methods, analyses, results, and conclusions. Using a new 45 country sample, $n =$
117 14,399, we attempt to replicate classic studies and test both the evolutionary and biosocial role
118 perspective. Support for universal sex differences in preferences remains robust: men, more than
119 women, prefer attractive, young mates; and women, more than men, prefer older mates with
120 financial prospects. Cross-culturally, both sexes have mates closer to their own age as gender
121 equality increases. Beyond age of partner, neither pathogen prevalence nor gender equality
122 robustly predicted sex differences or preferences across countries.

123
124 *Key words:* Mate preferences, sex differences, cross-cultural studies, evolutionary psychology,
125 biosocial role theory
126

127 Sex Differences in Mate Preferences Across 45 Countries: A Large-Scale Replication

128 Sex differences are of broad interest across psychology. Their existence and importance
129 are key topics in research areas spanning from spatial navigation (e.g. Levine et al., 2016), to
130 education (e.g. in STEM, Stoet & Geary, 2018), and neuroscience (e.g. Cahill, 2006). However,
131 in no area have sex differences been a greater lightning rod than in human mating research.
132 Here, fundamental questions—why do sex differences exist, what sex differences exist, and how
133 do they vary—have been the source of heated debate for decades.

134 Two competing perspectives have emerged to explain the nature and origin of sex
135 differences in mate preferences: an evolutionary psychological perspective and biosocial role
136 perspective. Each has taken a body of contrasting findings as foundational to their approach,
137 defining trenches in a decades-long stand-off. However, psychological science is in an era in
138 which many findings once taken as foundational are being questioned due to revelations about
139 prior methodological limitations, unappreciated flexibility in research design and reporting, and
140 the dearth of replication attempts (e.g. Simmons, Nelson, & Simonsohn, 2011). A close look at
141 the literature on cross-cultural sex differences in mate preferences reveals it suffers from many of
142 these symptoms, including great variability across studies in design and analysis, and few
143 attempts at replication.

144 Here, we attempt to remedy this by integrating and replicating prior work using more
145 appropriate analytic techniques; preregistering the predictor, moderator, and control variables
146 and reporting all results transparently in the same analytic framework; and using a new, large, in-
147 person cross-cultural sample. In doing so, we provide new clarity regarding the contrasting
148 results in the prior literature, simultaneously test the predictions of both perspectives, and
149 provide a more secure foundation for theoretical advances in this highly influential research area.

150 Cross-Culturally Universal Sex Differences

151 The evolutionary psychological perspective on sex differences in human mate
152 preferences follows largely from Buss (1989). Here, Buss proposed that while both sexes are
153 expected to prefer a mate that is kind, intelligent, and healthy, they are also expected to
154 differentially prefer characteristics related to resources and fertility (see Buss & Barnes, 1986).
155 Women face a larger minimum reproductive investment than men. This inequity has led to
156 evolved psychologies in which women prefer, more so than men, long-term partners with ability
157 to acquire and confer resources, while men, more so than women, prefer partners with high
158 reproductive value, indicated by attractiveness and relative youth.

159 To test these predictions, Buss collected ranked and rated mate preferences from over
160 10,000 participants from 37 different cultures (Buss, 1989). Consistent with evolutionary
161 hypotheses, both sexes ranked kindness and intelligence as most important across samples. In 36
162 out of 37 cultures, women rated “good financial prospects” as more important in a potential mate
163 than men did. In 34 out of 37 cultures, men rated “good looks” as more important than women
164 did. Furthermore, women preferred a spouse older than themselves while men preferred a spouse
165 younger than themselves, on average.

166 Kenrick and Keefe (1992) elaborated upon these findings with additional evidence of a
167 sex difference in age preference reflected in marriage records and advertisements from various
168 countries. Looking at trends of partner age differences across the lifespan, they found that
169 women consistently marry older men as they age, whereas men marry increasingly younger
170 women as they age.

171 Cross-Cultural Variability in Sex Differences

172 In 1999, Eagly and Wood offered biosocial role theory (originally social role theory; see
173 Wood & Eagly, 2012, for an updated overview) as an alternative explanation for sex differences
174 in mate preferences. Biosocial role theory locates the origin of sex differences in the contrasting
175 roles men and women occupy in society. Differences in upper body strength and reproductive
176 activities lead to a division of labor driven by efficiency, but with male-dominated roles yielding
177 greater status. Psychological sex differences result from the behavior men and women cultivate
178 based on societal expectations of gender roles.

179 Eagly and Wood (1999) hypothesized that sex differences would be larger in societies
180 with greater gender inequality. To evaluate this, they reanalyzed the data from Buss (1989),
181 examining the correlation between country-level sex differences and measures of gender
182 equality. They found that gender equality levels diminished sex differences in age preferences,
183 and ranked, but not rated, preferences for good earning capacity.

184 Zentner & Mitura (2012) reinforced these findings using rated preferences from Buss
185 (1989)'s data, a new 10 country, online dataset, and an updated measure of gender equality.
186 Again, gender equality diminished the sex difference in age preference in both samples.
187 Furthermore, gender equality diminished the sex difference in rated preference for good financial
188 prospects in their new sample but not in the sample from Buss (1989). They also calculated an
189 overall sex difference for each country, which was negatively correlated with gender equality in
190 both samples (but see Schmitt, 2012).

191 Challenging biosocial role theory, Gangestad, Haselton, and Buss (2006) reexamined
192 cross-cultural variability in mate preferences, using gender equality and pathogen prevalence as
193 competing predictors (see also Gangestad & Buss, 1993). They hypothesized that variability in
194 mate preferences across cultures is driven by environmental factors historically relevant to

195 fitness, such as pathogen prevalence. Gangestad et al. (2006) found that gender equality did not
 196 significantly predict any sex differences in preferences. However, Gangestad et al. analyzed
 197 composites of ranked and rated preferences from Buss (1989), and controlled for latitude, world
 198 region, and income—several methodological changes from Eagly and Wood (1999).
 199 Furthermore, they found that in countries with higher pathogen prevalence, both men and women
 200 placed higher value on physical attractiveness, health, and intelligence, all hypothesized cues of
 201 pathogen load.

202 Table 1
 203 *Predictions about the relationship between outcome and predictor variables in cross-cultural*
 204 *mate preference research from evolutionary and biosocial role perspectives*

Outcome Variable	Perspective	Predictor Variable		
		Sex	Sex and Gender Equality	Pathogen Prevalence
Good Financial Prospects	Evolutionary	Large sex difference	No prediction	No relationship
	Biosocial	Sex difference; insofar as there is gender inequality	Sex difference decreases as gender equality increases	No prediction
Physical Attractiveness	Evolutionary	Large sex difference	No prediction	Preference increases as pathogen prevalence increases
	Biosocial	Sex difference; insofar as there is gender inequality	Sex difference decreases as gender equality increases	No prediction
Intelligence	Evolutionary	No-to-small sex difference, high level preferred	No prediction	Preference increases as pathogen prevalence increases
	Biosocial	Sex difference; insofar as there is gender inequality	Sex difference decreases as gender equality increases	No prediction

Kindness	Evolutionary	No-to-small sex difference, high level preferred	No prediction	No relationship
	Biosocial	Sex difference; insofar as there is gender inequality	Sex difference decreases as gender equality increases	No prediction
Health	Evolutionary	No-to-small sex difference, high level preferred	No prediction	Preference increases as pathogen prevalence increases
	Biosocial	Sex difference; insofar as there is gender inequality	Sex difference decreases as gender equality increases	No prediction
Age Choice	Evolutionary	Large sex difference	No prediction	No relationship
	Biosocial	Sex difference; insofar as there is gender inequality	Sex difference decreases as gender equality increases	No prediction

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206 **The Current Study**

207 The studies described here are central to the debate between the evolutionary and
208 biosocial role perspectives. Their predictions, reviewed in Table 1, are core components of each
209 perspective's research programs. However, these classics demand replication for several reasons.
210 First, though this research area appears to contain an abundance of data, most studies actually
211 reanalyze the same dataset: the sample from Buss (1989). Second, previous research did not
212 account for the nested nature of the data. Updated analytic techniques allow for better analyses of
213 cross-cultural datasets without conducting multiple t-tests or calculating correlations based on
214 aggregated nation-level data. Finally, the conflicting findings in this literature are challenging to
215 compare because of great variability in design and analysis across studies. Prior studies differ in
216 terms of their outcome, predictor, and control variables; measures; and analyses (see Table 2 for

217 overview). Because no two studies share a common methodological framework, it is unclear
 218 whether the discrepant findings in this literature generalize beyond each paper's idiosyncratic
 219 approach.

220 Table 2

221 *An overview of the methodological and analytic approaches within the literature on cross-*
 222 *cultural sex differences in mate preferences*

Paper	Data Source	Outcome Variables	Predictor Variables	Control Variables	Analyses	Findings Summary
Buss (1989)	37 cultures dataset	Rated and ranked preferences	Sex	None	Country-level t-tests	Sex differences in preference for physical attractiveness, good financial prospects, and age of partner
Kenrick and Keefe (1992)	Marriage records and newspaper ads across cultures	Preferred age of partner and actual age of partner	Sex and age	None	ANOVA	Men marry younger partners, especially as they age; women marry older partners
Gangestad and Buss (1993)	Buss (1989) dataset	Rated preference for physical attractiveness	Pathogen prevalence index	Latitude, world region, income	Country-level correlations	Pathogen prevalence increases preference for physical attractiveness
Eagly and Wood (1999)	Buss (1989) dataset	Rated and ranked preferences	Sex and gender equality measures (GEM and GDI)	None	Country-level correlations	Gender equality diminishes sex differences in some preferences
Gangestad et al. (2006)	Buss (1989) dataset	Composites of ranked and rated preferences	Sex, gender equality (GEM and GDI), and pathogen prevalence index	Latitude, world region, income	Country-level regression	Pathogen prevalence, but not gender equality, predicts mate preferences

Zentner and Mitura (2012)	Buss (1989) dataset and a new, 10 country, online dataset	Rated Preferences; overall preference composites	Sex, gender equality (GGGI)	Varied by analysis; latitude, GDP per capita, religion age, education, social class	Country - level correlations, ANOVA	Gender equality predicts overall sex differences in preferences
Current Study	New 45-country, in person dataset	Ideal trait level preference ratings	Sex, pathogen prevalence (3 measures) gender equality (5 measures)	Latitude, world region, GDP per capita, religion	Multi-level models with participants nested within countries	See results section

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Method

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The current study attempts to correct for these issues by examining all of the competing hypotheses in these classic cross-cultural studies from the human mating literature under a single analytic framework. Here we use a new, 45 country sample of comparable scope to the original dataset, the previously proposed predictor and control variables, and report all of the results. Our intent is not to exactly repeat each prior study, but rather to offer a unified, transparent and principled framework for examining these phenomena. By removing the statistical limitations and variability in design which have characterized this literature, we can thoroughly reexamine the sex differences in mate preferences and predictors of cross-cultural variation and provide a more secure launching off point for investigations in this important area of research.

Overall, this study integrates, advances, and replicates classic cross-cultural studies from the human mating literature. Specifically, we examined sex differences in mate preferences across cultures and their multivariate effect size (Buss, 1989; Conroy-Beam et al., 2015); sex

237 differences in the age of chosen long-term partners (Buss, 1989; Kenrick & Keefe, 1992), cross-
238 cultural variability in mate preferences as a function of pathogen prevalence (Gangestad & Buss,
239 1993; Gangestad et al., 2006), and cross-cultural variability in sex differences in mate
240 preferences as a function of gender equality (Eagly & Wood, 1999; Zentner & Mitura, 2012).

241 **Participants**

242 Data were collected in 2016, from participants in 45 different countries, $n = 14,399$
243 (7,909 female). All participant data were collected in person because online samples tend to be
244 less representative of populations in developing countries (Batres & Perrett, 2014). Each study
245 site collected data from both university populations and community samples. Due to a lack of
246 records from about half of the sites, there is incomplete information about the percentage of each
247 type of sample. From the sites that did keep records ($n = 6,604$), 47.21% ($n = 3,118$) came from
248 community samples. Age of participants ranged from 18-91 years old ($Mdn = 25$, $M = 28.78$, SD
249 $= 10.62$). Of the total sample, most participants reported being in ongoing, committed
250 relationships ($n = 9,206$, 63.93%).

251 Surveys were distributed to participants through a collaborative cross-cultural data
252 collection project. Researchers around the world were contacted with the intention to include as
253 many country sites as possible, and the resulting countries are those in which researchers were
254 willing and able to collect data at the time of the study. All researchers involved in data
255 collection were required to provide a fixed sample size based on the number of local
256 contributors.

257 **Exclusion criteria.** Participants who were under the age of 18 when taking the survey
258 were excluded from all analyses. Participants who did not fill out any part of the mate
259 preferences survey or did not report their sex were excluded as well. Two countries surveyed did

260 not include the mate preferences portion of the survey (Serbia and Ukraine) and are not included
261 in analyses (bringing the total to 45 countries). Participants did not indicate mate age in four
262 countries (Bulgaria, Jordan, Vietnam, Uruguay) and those countries are not included in age
263 analyses. Some participants reported very young ages for mates (mate age less than 10). We
264 were concerned that at least some of these reports may have been erroneous. Therefore, all
265 analyses for age differences were run twice: first all reported mate ages ($n = 8,920$), and second,
266 limited to those participants with reported mate ages older than 10 ($n = 8,614$). In the main text,
267 we report the results of analyses with reported mate ages older than 10. For results with all
268 reported mate ages, see the supplementary material.

269 **Measures**

270 **Mate preferences.** Participants completed a 5-item questionnaire on ideal mate
271 preferences for a long-term romantic partner. Specifically, participants were asked:

272 For the following questions we are interested in what you desire in an ideal long-term
273 mate (e.g. committed, romantic relationship). Each of the following is a trait that a
274 potential mate might have. For each trait, please select the option that best represents
275 your ideal long-term mate. Please remember we are interested in your preferences for
276 ideal long-term (committed, romantic) mates.

277 Participants then rated their ideal romantic partner on five traits: kindness, intelligence,
278 health, physical attractiveness, and good financial prospects. All items were rated on bipolar
279 adjective scales ranging from 1 (very unintelligent; very unkind; very unhealthy; very physically
280 unattractive; very poor financial prospects) to 7 (very intelligent; very kind; very healthy, very
281 physically attractive; very good financial prospects). We were limited to asking about these five
282 items due to survey space and participant time constraints. Kindness, intelligence, and health

283 were chosen because prior literature has found these to be universally desirable in potential
284 mates; physical attractiveness and financial prospects were chosen to attempt to replicate prior
285 universal sex differences.

286 This item format differs slightly from that of Buss (1989) in order to address several
287 potential limitations of the original item format. First, in the prior measure, participants were
288 asked to rate how “important or desirable” they found each characteristic on a scale from
289 “irrelevant or unimportant” to “indispensable”. However, because the original item format asked
290 only about the positive pole of each dimension it potentially confounds both the importance of a
291 trait dimension and the preferred value on that trait dimension. A participant who provides a low
292 importance rating to the characteristic “good financial prospect” could mean to say either (1)
293 their partner’s wealth is unimportant to them, regardless of whether it is high or low or (2) their
294 partner’s wealth is very important to them, but they prefer a partner with more modest financial
295 prospects. The original item format does not allow a researcher to unambiguously discriminate
296 between these possibilities. The bipolar adjective format asks about preferred trait value alone
297 and therefore more clearly represents what participants prefer in a partner.

298 Second, the original Buss (1989) questionnaire asked participants to rank their preference
299 for kindness compared to other preferences, but did not collect rated preferences for kindness.
300 Additionally, the rated item for intelligence was double-barreled (“education and intelligence”).
301 We included rated items for “kindness” and “intelligence” to more precisely test the preferred
302 value and sex difference in preference for these dimensions.

303 Finally, the original Buss (1989) questionnaire collected ratings using a relatively
304 restricted 4-point scale, which may not allow enough response variation to detect subtle sex
305 differences. We opted for a 7-point scale to allow participants more response variation.

306 **Age.** Participants reported their own age in years as part of a demographic questionnaire.
307 Participants in relationships additionally reported the age of their actual partner. The Buss (1989)
308 study asked participants about their ideal age preferences, not about their actual age choices. We
309 were unable to include items measuring age preferences due to participant time constraints; for
310 this reason, we originally planned to analyze only the rated preferences. However, before pre-
311 registering our analysis plan, we decided to examine age as a variable as well in light of the
312 importance of age and age choice within the prior literature (Kenrick & Keefe, 1992; Eagly &
313 Wood, 1999).

314 **Pathogen prevalence.** Pathogen measures include the pathogen prevalence index
315 developed by Low (1990) and used in Gangestad & Buss (1993); years of life lost to
316 communicable diseases (WHO, 2015a; following Debruine et al., 2010); and the average of years
317 of life lost to infectious and parasitic diseases and estimated deaths due to infectious and
318 parasitic diseases (WHO, 2015b). Because the data retrieved from the WHO were gross values,
319 we divided each country's score by its population size to produce comparable values across
320 countries. To create the third index, the two variables (estimated deaths, and years of life lost to
321 infectious and parasitic diseases) were standardized and averaged for each country. The new
322 index was highly correlated with the other two indices ($r = .60$ with Low index, $r = .97$ with
323 years of life lost to communicable diseases).

324 **Gender equality.** Gender equality measures include the Gender Development Index
325 (GDI) and Gender Empowerment Measure (GEM) used in Eagly and Wood (1999); the Global
326 Gender Gap Index (GGGI) (World Economic Forum, 2016), the Gender Inequality Index (GII)
327 (United Nations Development Programme, 2015b), and the updated version of the GDI (United
328 Nations Development Programme, 2015a); and a composite variable created through principal

329 components analysis (PCA) using the updated GDI, GGGI, and GII. These three variables were
330 entered into a PCA to extract the first principle component. Scores on this principle component
331 were used as each country's gender equality composite score. This composite measure of gender
332 equality explained 80.67% of the variance in the GDI, GGGI, and GII and accordingly is highly
333 correlated with all included measures of gender equality ($r = .87$ GEM 1995, $r = .81$ GDI 1995, r
334 $= .90$ GII, $r = .89$ GDI 2015, $r = .90$ GGGI 2016).

335 **Control variables.** Control variables include GDP per capita (Central Intelligence
336 Agency, 2016), latitude (Central Intelligence Agency, n.d.), world region (from Gangestad et al.,
337 2006), and most common religion (from Zentner & Mitura, 2012; Central Intelligence Agency,
338 n.d.). All controls were based on those used in previous studies of cross-cultural sex differences
339 in preferences, and we used the most current information available at the time of analyses. While
340 Gangestad et al. (2006) used mean country income to control for affluence, we operationalized
341 affluence as GDP per capita.

342 **Analyses**

343 All primary analyses were conducted using multilevel models. In these models,
344 participants were nested within countries. The models included random effects for both slopes
345 and intercepts. Multilevel models provide several advantages over traditional approaches, such
346 as conducting multiple t -tests or country level correlations, for analyzing this kind of cross-
347 cultural data. These models allow for an estimation of overall sex differences in mate preferences
348 in the data, and an estimate of the variability in these sex differences across cultures based on the
349 random effects. The use of a single multilevel model to assess sex differences across cultures
350 also minimizes both alpha inflation and the risk of Type II errors relative to the approach of
351 conducting multiple t -tests (e.g. Buss, 1989). For cross-cultural comparisons, these models take

352 advantage of the nested nature of the data, yielding more statistical power relative to the
353 approach of calculating correlations based on aggregated nation-level data (e.g. Eagly & Wood,
354 1999).

355 Additionally, due to the challenge of collecting cross-cultural data, sample sizes vary
356 from country to country (ranging from $n = 80$, in El Salvador, to $n = 1061$, in Turkey). If effect
357 sizes vary more widely in smaller samples, this suggests that a substantial portion of the cross-
358 cultural variation in sex differences is due to sampling error, adding considerable noise to cross-
359 cultural comparisons. To assess the risk of this, we plotted country-level sex differences against
360 sample size from each country to create funnel plots (see supplementary materials). The triangle
361 shape of the graphs illustrate that larger samples have Cohen's d values closer to the average sex
362 difference while smaller samples are more varied. This indicates that one source of cross-cultural
363 variation is indeed sampling error. However, multilevel models account for this error introduced
364 by variability in sample size by accounting for unequal sample sizes in estimating the random
365 slopes. Finally, multilevel models allowed for all analyses to be conducted within the same
366 modeling framework, allowing for a clearer interpretation of the results.

367 Overall, analyses include multilevel models to examine sex differences in univariate mate
368 preferences and partner age, multivariate analyses using Mahalanobis D and logistic regression
369 to assess overall sex differences, and multilevel models with moderators (pathogen prevalence
370 and gender equality) to examine cross-cultural variation in preferences and partner age.

371 **Sex Differences in Mate Preferences.** Five multilevel models, one for each preference
372 (kindness, intelligence, health, good financial prospects, physical attractiveness) assessed sex
373 differences in mate preferences across cultures. In these models the preference variable was the
374 outcome variable and participant sex (male or female) was the predictor. Mate preference

375 variables were standardized across countries prior to analysis to provide slope values comparable
376 to Cohen's *d*.

377 **Actual Partner Age.** One multilevel model assessed sex differences in actual partner age
378 across cultures. In this model the difference between self and partner age was the outcome
379 variable and participant sex (male or female) was the predictor. This difference was standardized
380 across countries prior to analysis to provide slope values comparable to Cohen's *d*.

381 **Multivariate Analyses.** The five preference variables were used to calculate the
382 Mahalanobis distance (*D*) between males and females within each country. Additionally, *D* was
383 calculated separately for putatively sex-differentiated preferences (good financial prospects and
384 physical attractiveness) and those preferences not expected to be as strongly sex differentiated
385 (intelligence, kindness, health). Bootstrapping was used to estimate 95% confidence intervals
386 around these *D* values for each country (for a full list see table in supplemental material).

387 A Monte Carlo cross-validated logistic regression was used to assess the ability of
388 preferences to predict participant sex. Logistic regression models were trained in a random
389 training set to predict participant sex using their ideal mate preferences; these models were then
390 applied to predict the sex of participants in a separate testing set. Each fold of this cross-
391 validation left out 10% of the data for testing. The relevant outcome variable was the percentage
392 of participant sexes accurately predicted by the model in the testing set. This process was
393 repeated for 10,000 iterations, providing an estimate of out-of-sample predictive accuracy of
394 preferences and estimated confidence intervals around this accuracy.

395 **Pathogen Prevalence.** The effect of pathogen prevalence on ideal mate preferences was
396 tested in a series of multi-level models predicting preferences from nation-level pathogen
397 prevalence indices. Three multilevel models were fitted for each of the five mate preference

398 variables. Each model used the relevant ideal mate preference as the outcome variable and
399 predicted this variable using one of three pathogen prevalence indices.

400 **Gender Equality.** The effect of nation-level gender equality on sex differences in mate
401 preferences was examined by fitting a series of multilevel models predicting ideal mate
402 preferences from sex and nation-level gender quality. Each model had one of the five ideal
403 preference variables as an outcome variable. These models used the interaction of participant sex
404 and a gender equality variable as the predictor, along with all relevant main effects.

405 **Controls.** For all cross-cultural comparisons, we ran both a base model with no controls
406 and models that attempt to approximate relevant controls used in the original papers (Gangestad
407 & Buss, 1993; Gangestad, Haselton, & Buss, 2006; Zentner & Mitura, 2012). Each of the control
408 models included a standard set of control variables: latitude, GDP per capita, world region, and
409 most common religion. These variables were selected because they were each used in the papers
410 replicated here. In the main text, we report only the results of models without the control
411 variables. See the supplemental material for the models and results including control variables.

412 Outcome variables were standardized in all analyses. Predictor variables were also
413 standardized with the exception of sex.

414 The analysis plan for this project was pre-registered prior to data analyses. The pre-
415 registration, data, and script can be accessed at <https://osf.io/gb5cn/>. All data analysis was
416 conducted in R.

417 **Results**

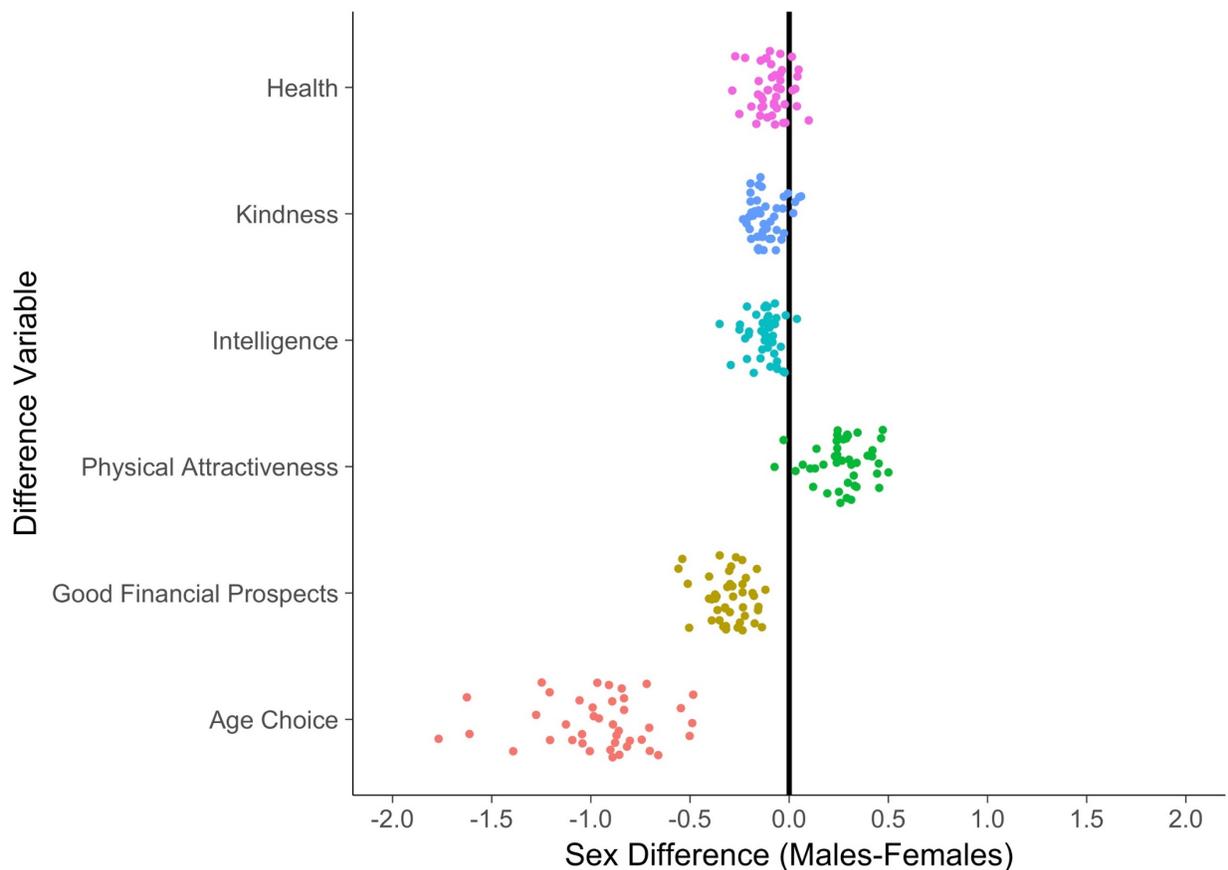
418 **Sex Differences in Mate Preferences**

419 Across cultures, women reported a higher preference for an ideal mate with good
420 financial prospects than men, on average, $b = -0.30$, $SE = 0.03$, $p < .001$ (Figure 1). Mate

421 preferences were standardized across countries prior to analysis, so this and all b values can be
422 interpreted equivalently to a Cohen's d . The average for women was $M = 5.48$, 95% CI [5.46,
423 5.51], and the average for men was $M = 5.11$, 95% CI [5.08, 5.14]. The smallest sex difference
424 was in Spain, $b = -0.12$, and the largest sex difference was in China, $b = -0.56$. Furthermore,
425 men reported a higher preference for a physically attractive ideal mate than women, on average,
426 $b = 0.27$, $SE = 0.03$, $p < .001$. The average for women was $M = 5.56$, 95% CI [5.53, 5.58] and the
427 average for men was $M = 5.85$, 95% CI [5.83, 5.88]. The sex difference ranged from $b = -0.07$ in
428 China, to $b = 0.50$ in Brazil.

429 Furthermore, we found small but still significant sex differences in reported ideal
430 preference for kindness, intelligence, and health. However, both men and women reported higher
431 preferences for these traits in an ideal partner than for good financial prospects or physical
432 attractiveness. Women reported preferences for kinder ideal mates than men, on average, $b = -$
433 0.12 , $SE = .02$, $p < .001$. The average for women was $M = 6.23$, 95% CI [6.21, 6.26], and the
434 average for men was $M = 6.12$, 95% CI [6.10, 6.15]. The sex difference ranged from $b = -0.23$ in
435 the United States, to $b = 0.06$ in Uganda. Women also reported preferences for greater
436 intelligence in ideal mates, on average, $b = -0.12$, $SE = 0.02$, $p < .001$. The average for women
437 was $M = 6.03$, 95% CI [6.01, 6.05] and the average for men was $M = 5.92$, 95% CI [5.89, 5.94].
438 The sex difference ranged from $b = -0.35$ in China, to $b = 0.04$ in Algeria. Finally, women
439 reported preference for healthier ideal mates than men, on average, $b = -.09$, $SE = 0.03$, $p = .001$.
440 The average for women was $M = 6.10$, 95% CI [6.08, 6.12], and the average for men was $M =$
441 6.00 , 95% CI [5.98, 6.03]. The sex difference ranged from $b = -0.29$ in Belgium, to $b = 0.10$ in
442 Hungary.

443 Overall, we replicated the sex differences in preference for resources and attractiveness
444 found in Buss (1989). Buss (1989) computed country level t-tests and found that women rated
445 “good financial prospects” as more important in a potential mate than men did while men rated
446 “good looks” as more important than women did across cultures. Here, using multilevel models,
447 we found that that these sex differences in mate preferences remain robust around the world.
448 Furthermore, consistent with Buss (1989) we found that health, kindness, and intelligence were
449 highly valued by both men and women. However, unlike Buss (1989) we found sex differences
450 in these preferences such that women tend to prefer more of each of these characteristics than do
451 men on average.



452

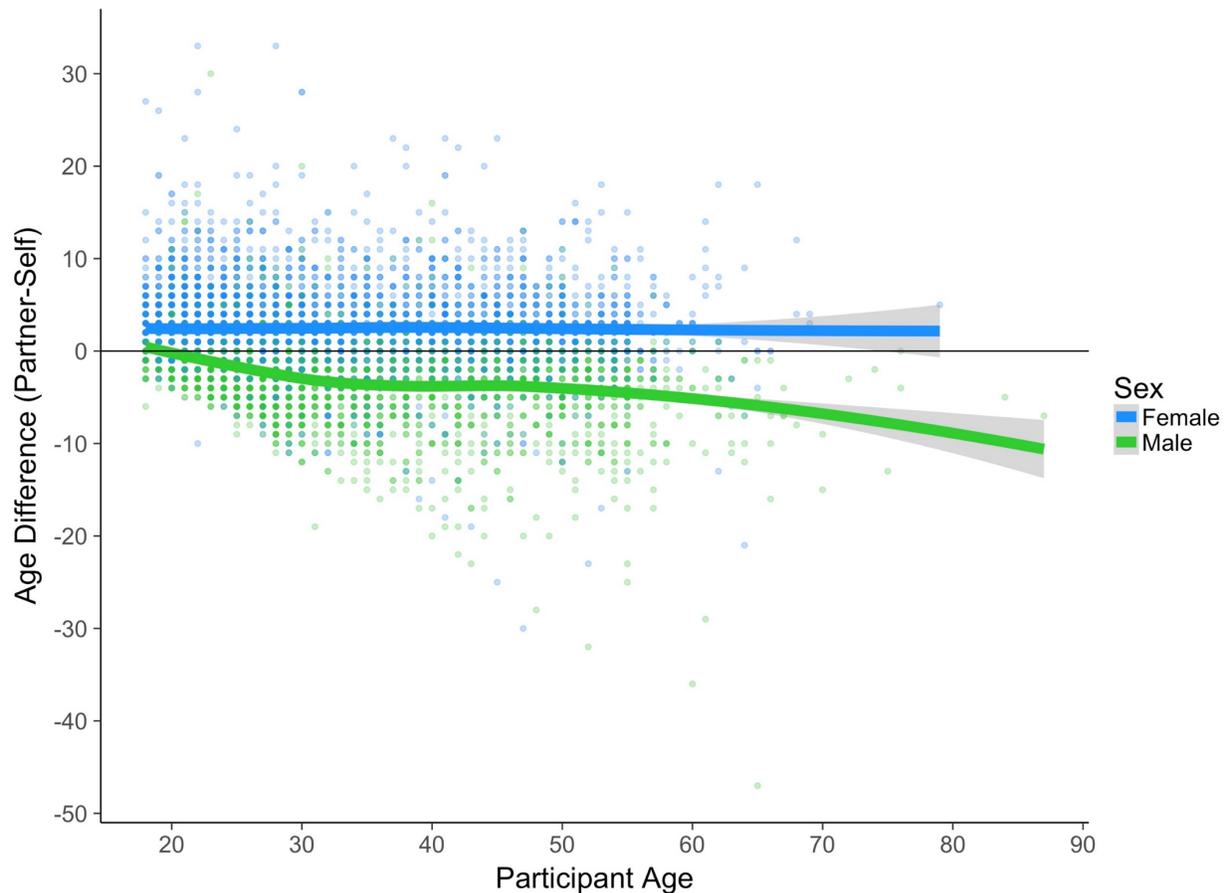
453 **Figure 1.** Sex differences in mate preferences and age choice across countries. Dot position
454 reflects the random slope value (b) for each country. The black line depicts where values would

455 fall if there was no sex difference. For the five preferences, positive beta values indicate that men
456 had a higher preference than women for a particular trait and negative values indicate that
457 women had a higher preference than men for a particular trait. For age choice, negative beta
458 values indicate that men had younger partners and women had older partners. Data are jittered to
459 reduce overplotting.

460 **Actual Partner Age**

461 In terms of sex differences in the age of mated partners men reported having partners
462 younger than themselves, while women reported having partners older than themselves, on
463 average, $b = -0.96$, $SE = 0.05$, $p < .001$. Women reported partners, $M = 2.43$, 95% CI [2.31,
464 2.55], older than themselves, and men reported partners $M = -2.26$, 95% CI [-2.39, -2.13],
465 younger than themselves. The sex difference ranged from $b = -1.77$ in Algeria, to $b = -0.48$ in
466 the United States. Overall, we replicated Buss (1989) and Kenrick and Keefe (1992). Using a
467 combination of *t*-tests and ANOVA, both Buss (1989) and Kenrick and Keefe (1992) found that
468 women preferred a spouse older than themselves while men preferred a spouse younger than
469 themselves, on average. Additionally, Kenrick and Keefe (1992) found that women tended to
470 marry partners older than themselves, while men tended to marry partners younger than
471 themselves. Using multilevel models, we replicate this pattern, finding that as men's age
472 increased they reported increasingly younger partners on average, while as women's age
473 increased their reported partner age remained consistently a few years older than themselves on
474 average (Figure 2).

475



476

477 **Figure 2.** Difference between participant and their reported partner age, across participant ages.

478 Data are jittered to reduce overplotting. Trend lines were generated by loess smoothing to

479 illustrate the pattern of the data. Shaded areas indicate 95% confidence intervals.

480 **Multivariate Effect Size**

481 We found when calculating the Mahalanobis distance (D) between males and females

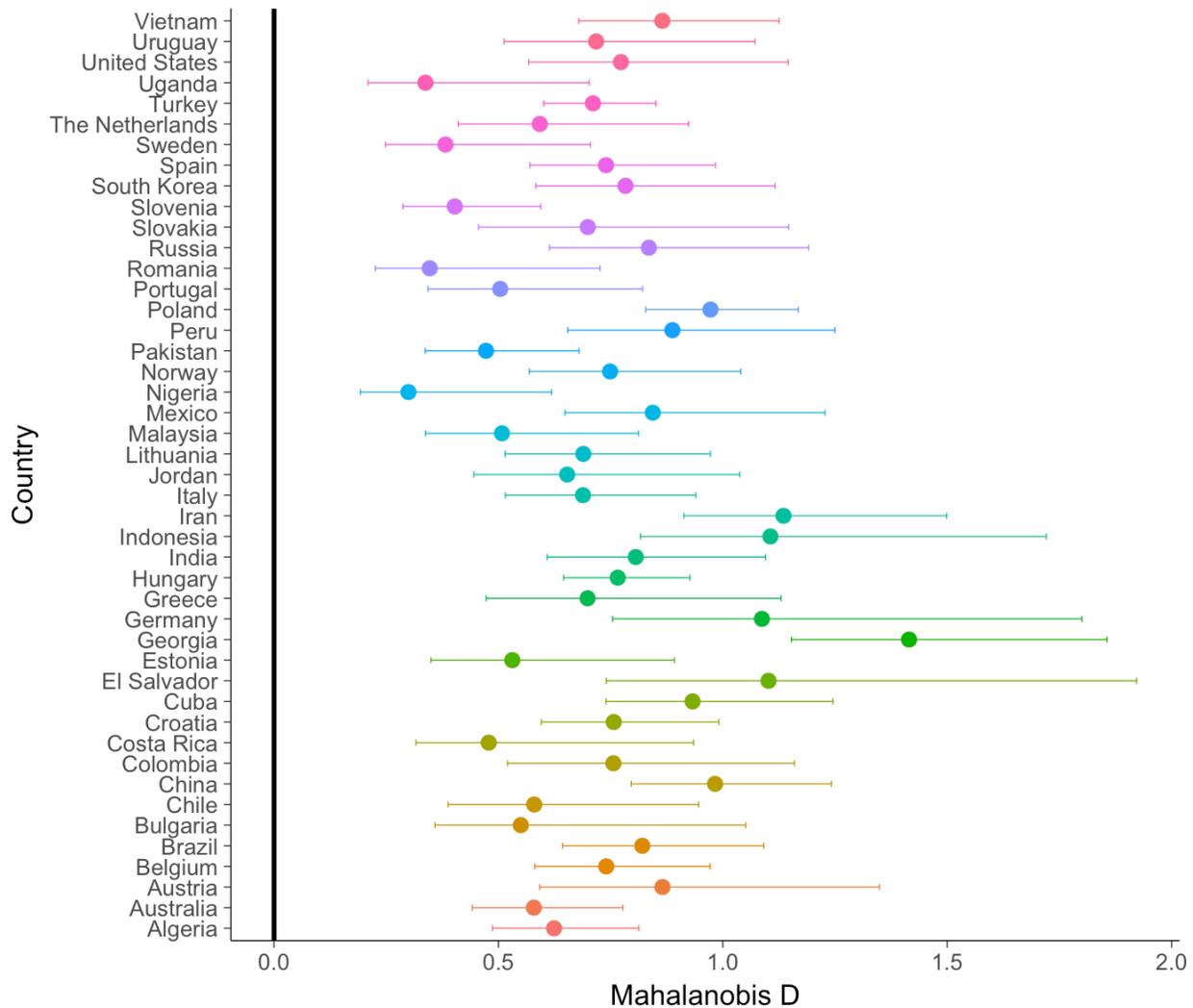
482 based on all five preference variables within each country, that the overall sex difference was

483 relatively large; $D_{mean} = 0.73$. These D -values ranged from $D = 1.42$, 95% CI [1.15, 1.86] in

484 Georgia, to $D = 0.30$, 95% CI [0.19, 0.62] in Nigeria (Figure 3). Our results were overall

485 consistent with Conroy-Beam et al. (2015). Using the data from all 18 preferences from Buss

486 (1989) (excluding age), they found that Mahalanobis distance (D) between males and females
 487 was $D_{mean} = 1.46$.



488

489 **Figure 3.** Mahalanobis D values with error bars representing bootstrapped 95% confidence
 490 intervals for each country. Larger D values indicate more sex differentiation in overall pattern of
 491 mate preferences.

492 Additionally, D was calculated separately for putatively sex-differentiated preferences
 493 (good financial prospects and physical attractiveness) resulting in an average $D = 0.62$, ranging
 494 from $D = 0.26$, 95% CI [0.08, 0.52] in Sweden, to $D = 1.08$, 95% CI [0.77, 1.48] in Georgia. For

495 those preferences not expected to be as strongly sex differentiated (intelligence, kindness,
 496 health), the Mahalanobis distance was comparatively smaller: $D = 0.33$, ranging from $D = 0.05$,
 497 95% CI [0.05, 0.34] in Italy, to $D = 0.73$, 95% CI [0.36, 1.31] in Germany. For full list of
 498 country D values and confidence intervals see the supplementary material.

499 A Monte Carlo cross-validated logistic regression was used to assess the ability of
 500 preferences to predict participant sex. The average predictive accuracy was significantly above
 501 chance, $M = 0.63$, 95% CI [0.61, 0.65].

502 Pathogen Prevalence

503 Table 2 shows the results of the multilevel models predicting preferences from nation-
 504 level pathogen prevalence indices, without control variables.

505 Table 2: Preferences and age as a function of pathogen prevalence

506

Pathogen Index	Preference	β	SE	p
Gangestad & Buss (1993)	Good fin. Prosp.	0.13	0.05	.027*
	Phys. Att.	-0.01	0.04	.897
	Kindness	-0.002	0.05	.963
	Intelligence	0.03	0.04	.536
	Health	0.20	0.05	.002**
	Age Difference	0.01	0.02	.608
Years life lost to communicable diseases	Good fin. Prosp.	0.08	0.03	.014*
	Phys. Att.	0.04	0.03	.163
	Kindness	-0.01	0.03	.693
	Intelligence	-0.004	0.03	.908
	Health	0.04	0.04	.321
	Age Difference	-0.01	0.02	.419
Composite	Good fin. Prosp.	0.08	0.03	.012*
	Phys. Att.	0.05	0.03	.120
	Kindness	-0.01	0.03	.724
	Intelligence	-0.0001	0.03	.997
	Health	0.04	0.03	.290
	Age Difference	-0.06	0.07	.447

507

508 Note: * = $p < .05$; ** = $p < .01$; *** = $p < .001$

509

510 Pathogen prevalence predicted preference for an ideal mate with good financial prospects
 511 for all measures. Additionally, pathogen prevalence predicted preference for a healthy ideal mate
 512 for just one of the measures (the measure used by Gangestad & Buss, 1993), $\beta = 0.20$, $SE = 0.05$,
 513 $p = .002$. However, when the control variables, latitude, GDP, world region, and religion were
 514 included, pathogen prevalence did not significantly predict any outcome variables (see
 515 supplementary material). Overall, our results did not replicate the findings of Gangestad and
 516 Buss (1993) or Gangestad et al. (2006). While the original papers, using country-level
 517 correlations and regression and controlling for latitude, world region, and income, found that
 518 preference for physical attractiveness, intelligence and health were higher in countries with
 519 increased pathogen prevalence, our data, analyzed using multilevel models did not show the
 520 same pattern with or without controls.

521 Gender Equality

522 Table 3 shows the results of the multilevel models predicting ideal mate preferences from
 523 sex and nation-level gender quality, without control variables.

524 Table 3: Sex differences in preferences and age as a function of gender equality
 525

Gen. Eq. Index	Preference	<i>b</i>	<i>SE</i>	<i>p</i>
GDI (1995)	Good fin. prosp.	0.02	0.03	.414
GDI (1995)	Phys. Att.	0.04	0.03	.208
GDI (1995)	Kindness	-0.02	0.02	.449
GDI (1995)	Intelligence	-0.01	0.03	.648
GDI (1995)	Health	0.02	0.03	.393
GDI (1995)	Age Difference	0.19	0.06	.002**
GEM (1995)	Good fin. prosp.	0.04	0.03	.214
GEM (1995)	Phys. Att.	0.03	0.04	.366
GEM (1995)	Kindness	-0.03	0.02	.143
GEM (1995)	Intelligence	0.02	0.03	.556
GEM (1995)	Health	0.05	0.03	.139
GEM (1995)	Age Difference	0.16	0.06	.007**
GII (2015)	Good fin. prosp.	-0.03	0.03	.277
GII (2015)	Phys. Att.	0.03	0.03	.250
GII (2015)	Kindness	0.01	0.02	.734

GII (2015)	Intelligence	0.004	0.02	.853
GII (2015)	Health	0.02	0.03	.383
GII (2015)	Age Difference	-0.13	0.03	.008**
GGGI (2016)	Good fin. prosp.	0.06	0.03	.036*
GGGI (2016)	Phys. Att.	0.03	0.03	.387
GGGI (2016)	Kindness	-0.04	0.02	.139
GGGI (2016)	Intelligence	0.03	0.02	.202
GGGI (2016)	Health	0.02	0.03	.529
GGGI (2016)	Age Difference	0.13	0.06	.027*
GDI (2015)	Good fin. prosp.	0.02	0.03	.423
GDI (2015)	Phys. Att.	0.05	0.03	.139
GDI (2015)	Kindness	-0.02	0.03	.397
GDI (2015)	Intelligence	-0.02	0.03	.489
GDI (2015)	Health	0.01	0.03	.828
GDI (2015)	Age Difference	0.18	0.06	.003**
Composite	Good fin. prosp.	0.05	0.03	.107
Composite	Phys. Att.	0.002	0.03	.951
Composite	Kindness	-0.03	0.03	.305
Composite	Intelligence	0.005	0.03	.863
Composite	Health	-0.004	0.03	.873
Composite	Age Difference	0.15	0.05	.007**

526

527 *Note: * = $p < .05$; ** = $p < .01$; *** = $p < .001$. GII (2015) is reverse scored.*

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Gender equality predicted the sex difference in the actual age of long-term romantic

partners, for every measure of gender equality. Using the composite measure, gender equality

predicted the change in both men's age choices, $b = 0.09$, $SE = 0.03$, $p = .016$; and women's age

choices, $b = -0.07$, $SE = 0.02$, $p = .007$ (Figure 4). However, two countries (Nigeria and

Malaysia) did not have composite gender equality scores due to missing values (Nigeria does not

have a GII value, and Malaysia does not have a 2015 GDI value). To take advantage of the age

data from these two countries, we ran an additional analysis looking at the change in both sexes

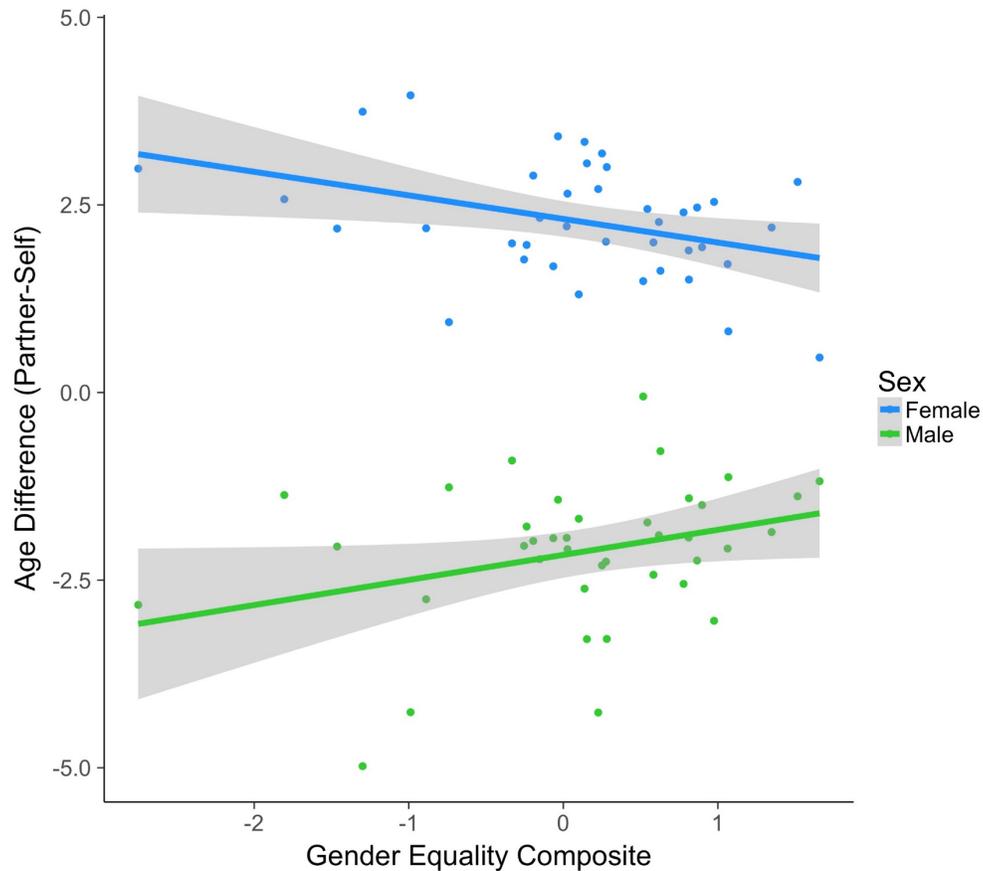
age choices predicted by the GGGI. Gender equality, using the GGGI, again predicted the

change in women's age choices, $b = -0.07$, $SE = 0.03$, $p = .013$; and men's age choices were

marginally significant in the predicted direction, $b = 0.06$, $SE = 0.03$, $p = .075$.

539 However, gender equality did not robustly predict sex differences in any of the mate
540 preference measures. The only exception to this was that one of the measures of gender equality,
541 the GGGI, predicted the sex difference in preference for an ideal mate with good financial
542 prospects, $b = 0.06$, $SE = 0.03$, $p = .036$. This replicates the relationship between the GGGI and
543 good financial prospects that Zentner and Mitura (2012) found in their new 10 country sample.
544 Including latitude, GDP, world region, and religion as controls— similar to controls used by both
545 Gangestad et al. (2006) and Zentner and Mitura (2012)— did not change the pattern of results
546 (see supplementary material). Overall, our results only partially replicated the findings of Eagly
547 and Wood (1999), Zentner and Mitura (2012). These studies, using country-level correlations
548 and ANOVA, found that gender equality predicted sex differences in preferences. Here, using
549 multilevel models, we only find evidence that gender equality predicts sex differences in the
550 actual age of partners but find no evidence that gender equality predicts mate preferences.

551 Furthermore, here we examined the predictive power of pathogen prevalence and gender
552 equality separately. However, Gangestad et al. (2006) used pathogen prevalence and gender
553 equality as competing predictors of mate preferences. While not a part of our pre-registered
554 analysis plan, we ran the pathogen prevalence and gender equality analyses again, but included
555 pathogen prevalence as a simultaneous predictor to more closely replicate the methodology of
556 Gangestad et al. (2006). Including both variables as simultaneous predictors, along with control
557 variables, did not systematically change the results (see supplementary material). In line with
558 Gangestad et al. (2006), here we found that gender equality demonstrated little power to predict
559 mate preferences. However, in contrast to Gangestad et al. (2006), we also found that pathogen
560 prevalence demonstrates little power to predict mate preferences.



561

562 **Figure 4.** Average age difference between participant and partner for each country separated by
563 sex, across each country's standardized gender equality composite score. Regression lines shown
564 with shaded areas indicating 95% confidence intervals. Gender equality predicted the change in
565 both sexes age choices, with both men and women choosing partners closer to their own age in
566 more gender equal countries.

567

Discussion

568 The debate surrounding sex differences in mate preferences has remained unresolved for
569 decades, due in part to an unstandardized supporting literature hampered by methodological and
570 analytical limitations. Here we correct for these issues by offering a unified, transparent, and
571 principled framework to test key theoretical predictions from both an evolutionary and biosocial
572 perspective. Overall, cross-culturally, universal sex differences in mate preferences remain

573 empirically robust. Specifically, women around the world on average indicated ideal preferences
574 for a long-term mate with greater financial prospects whereas men on average indicated
575 preference for more physically attractive mates. Women had partners that were a few years older
576 than themselves on average, while men had partners increasingly younger than themselves as
577 they aged. Additionally, women indicated slightly higher preferences for kindness, intelligence
578 and health in a long-term mate, replicating other mate preference studies (e.g. Fletcher et al.,
579 2004; Schwarz & Hassebrauck, 2012; Souza, Conroy-Beam, & Buss, 2016). Furthermore, the
580 sex difference in the multivariate pattern of preferences is relatively large, affording above-
581 chance (63%) classification of sex based on mate preferences alone.

582 Findings concerning cross-cultural variability were mixed. Consistent with biosocial role
583 theory, the sex difference in age of partner decreased as gender equality increased. However,
584 little support was found for the relationship between sex differences in ideal mate preferences
585 and gender equality. One exception was the relationship between the GGGI and good financial
586 prospects, consistent with Zentner and Mitura (2012). However, gender equality measures differ
587 slightly in components, so this result may be due to a particular factor of the GGGI: a result that
588 was not clear from Zentner and Mitura (2012), but is revealed by our more thorough analysis and
589 reporting. There was also no support for the relationship between pathogen prevalence and
590 preference for attractiveness, intelligence, and health, failing to support the evolutionary
591 prediction of Gangestad and Buss (1993). The only exception was preference for resources, but
592 this relationship did not remain significant after adding control variables.

593 These failures to replicate could come from a variety of sources. The prior literature's
594 mixed results could be due to idiosyncratic analysis choices of individual studies or because prior
595 analysis techniques did not account for sampling error introduced by cross-country comparisons.

596 It is also possible that the patterns of cross-cultural variability in the prior literature were
597 particular to the time period of the original studies; most data in this research area are over 30
598 years old. Nonetheless, what is clear from our conceptual replication, is that, whereas sex
599 differences in mate preferences and age choice persist, gender equality and pathogen prevalence
600 do not hold up as robust predictors of variability in mate preferences across cultures or across
601 time.

602 **Limitations and Future Directions**

603 While we corrected for short-comings of the prior literature, this study also had
604 limitations. First, although our preference measures were designed to improve on potential
605 limitations of Buss (1989)'s measures, it is possible that differences in item format account for
606 the difference between our and prior results. However, we successfully replicated the sex
607 differences found in Buss (1989), indicating these measures are sufficient to detect true effects.
608 Furthermore, preferred trait value ratings and preference importance ratings tend to be strongly
609 correlated (see supplementary materials). Finally, another recent study used the exact measures
610 from Buss (1989) and still failed to replicate the relationship between sex differences in
611 preferences and gender equality (Zhang, Lee, DeBruine, & Jones, 2019).

612 Second, although we found limited evidence supporting predictors of cross-cultural
613 variability, it is unclear whether country-level variables like pathogen prevalence and gender
614 equality reflect the ecological surroundings or experience of participants. The measurements that
615 form the nation-level predictors may be temporally and spatially distal to the environmental cues
616 available to participant psychologies. Measures that more directly tap the information available
617 to mate preference psychology might yield different results than relatively abstracted nation-
618 level predictors.

619 Sex differences in mate preferences have far reaching implications in many domains of
620 human life and many fields of scientific inquiry. The foundations of sex difference research
621 therefore demand careful consideration. Using a thorough and transparent approach, we found
622 that the universal sex differences predicted by an evolutionary psychological perspective remain
623 robust 30 years after their initial publication. However, previously reported sources of cross-
624 cultural variation, pathogen prevalence and gender equality, are largely unable to explain the
625 variation in our data. Even in this highly influential research area, characterized by large samples
626 and intense scientific scrutiny, the lack of replication and the variability in design between prior
627 studies resulted in ambiguous empirical support for competing theoretical perspectives. Here, we
628 reground the evidence relating to long-standing hypotheses and debates in the field and invite
629 human mating researchers to embark on new research programs aimed at discovering more
630 robust predictors of cross-cultural variability in mate preferences.

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