

# PREPARAÇÃO DE CRIANÇAS PARA A HOSPITALIZAÇÃO E CIRURGIA





7-12 anos



490 C



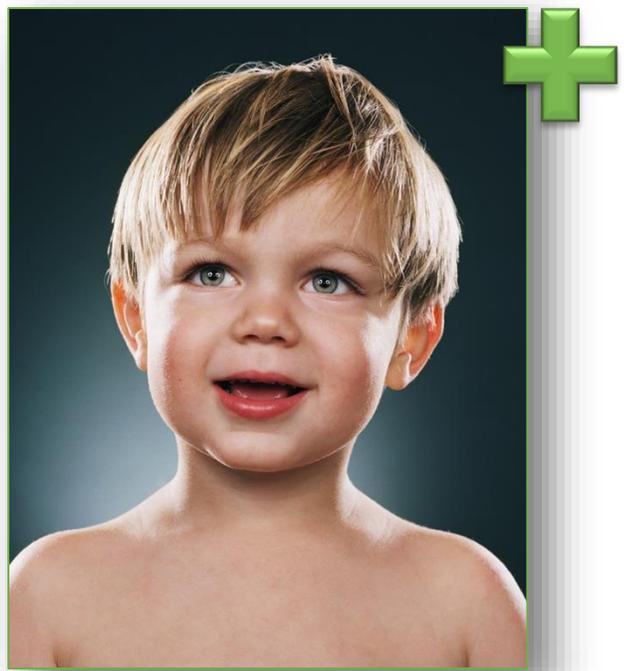
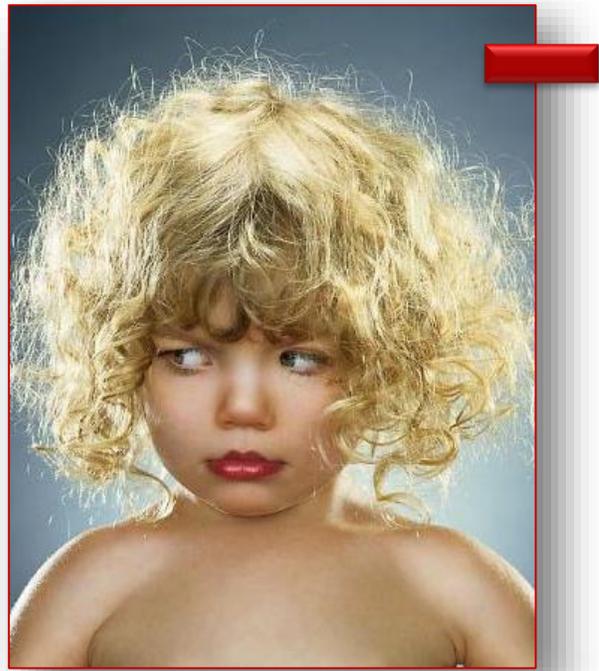
125 C\_P



90 C\_P

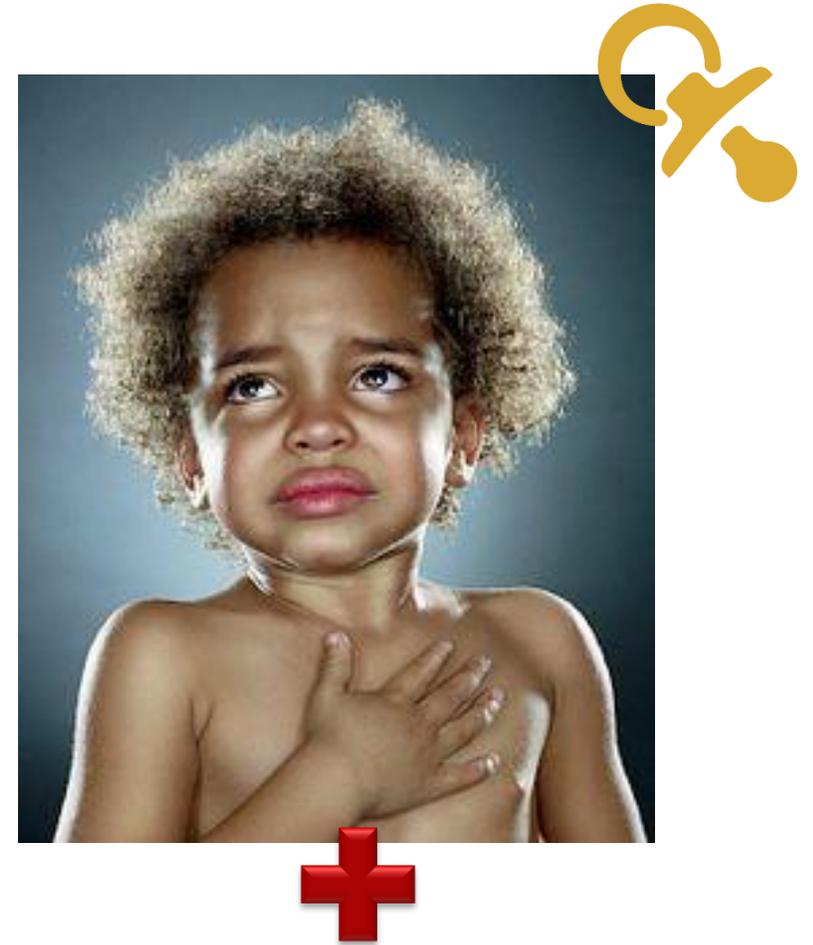
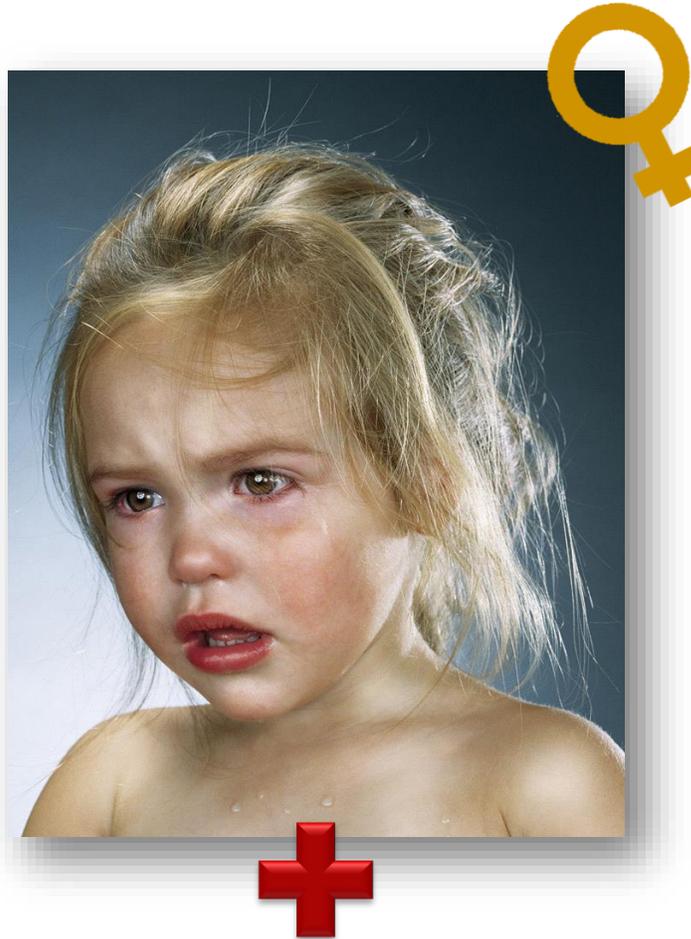


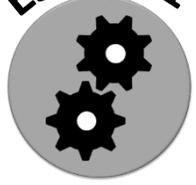
# ATITUDES SOBRE CUIDADOS DE SAÚDE



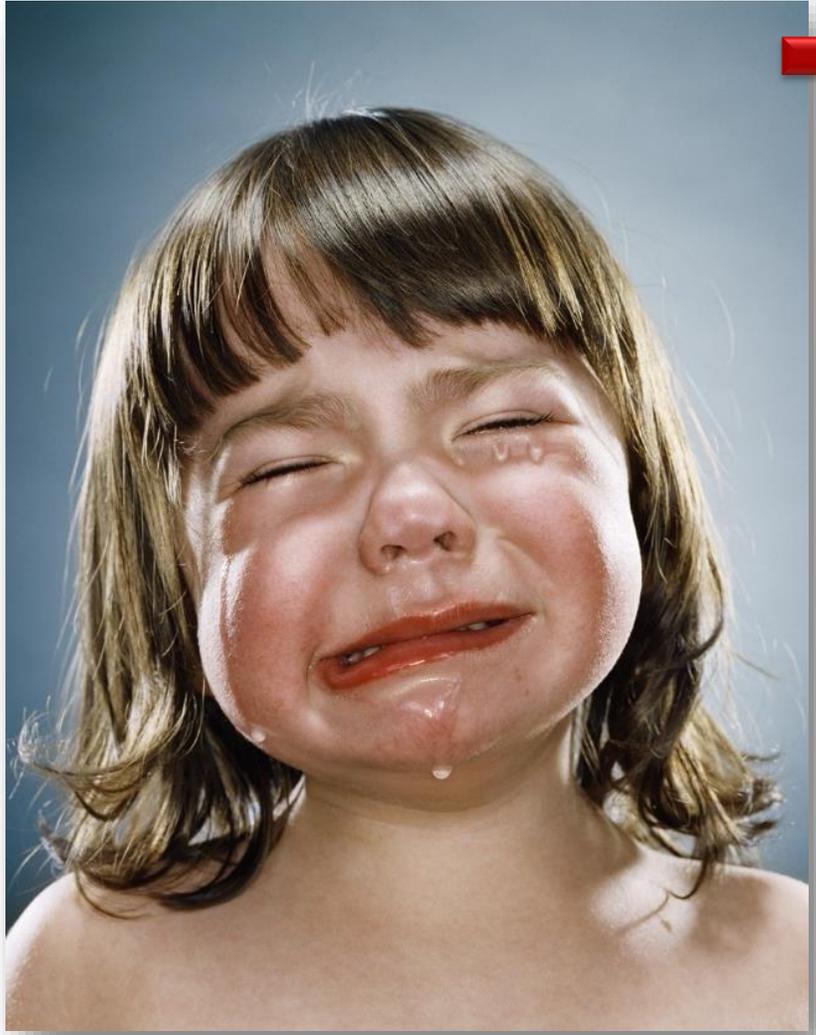
# PERCEPÇÃO DE DOR

- Dentista
- Análises Clínicas
- Doenças
- Tratamentos
- Cirurgias



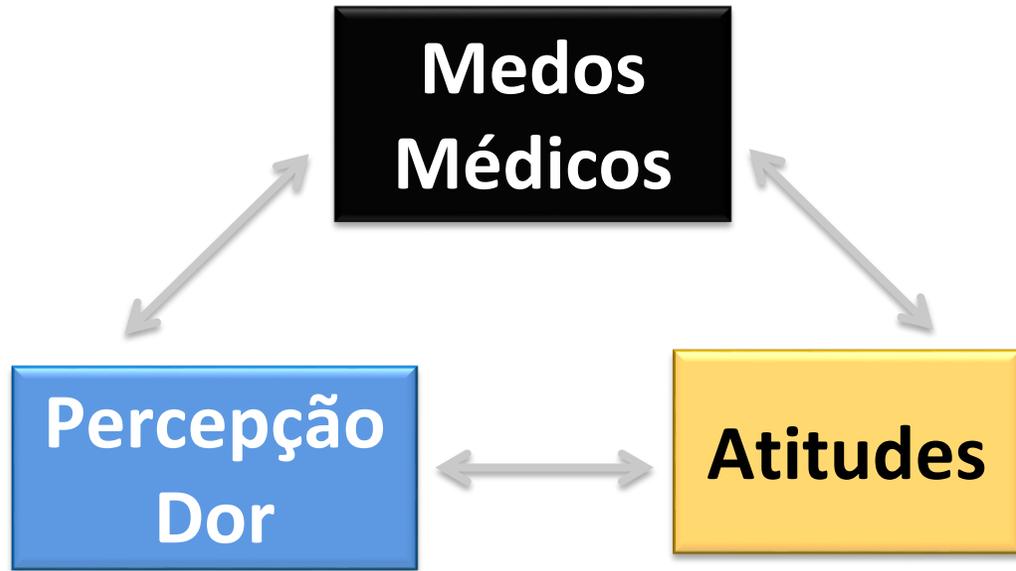


# PREOCUPAÇÕES PRÉ-OPERATÓRIAS

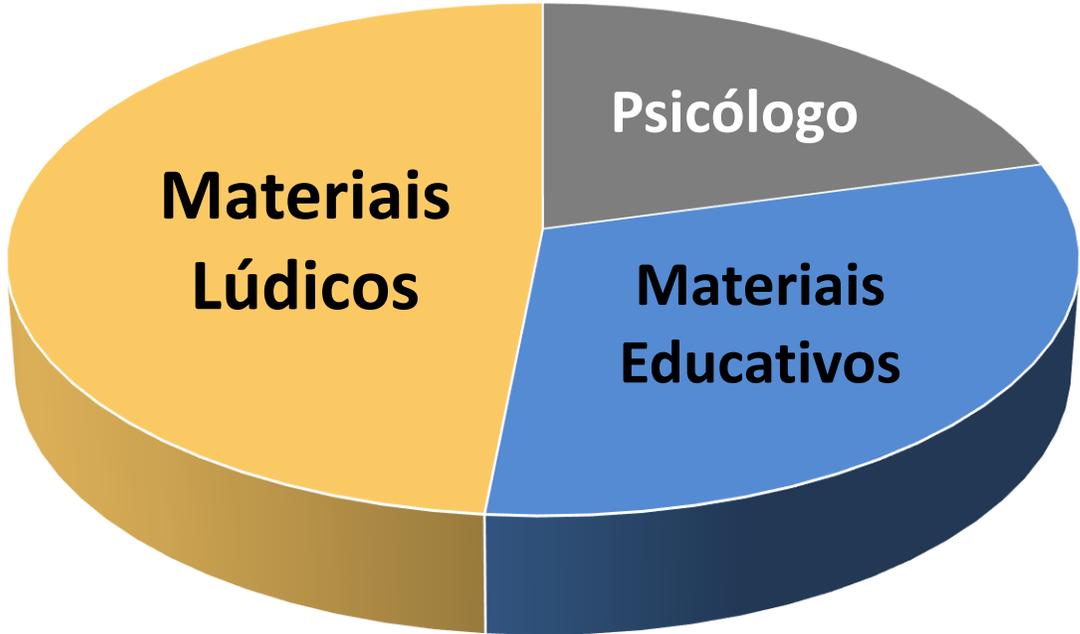


- **Morte**
- Dor
- Procedimentos
- Anestesia
- Consequências
- Pais

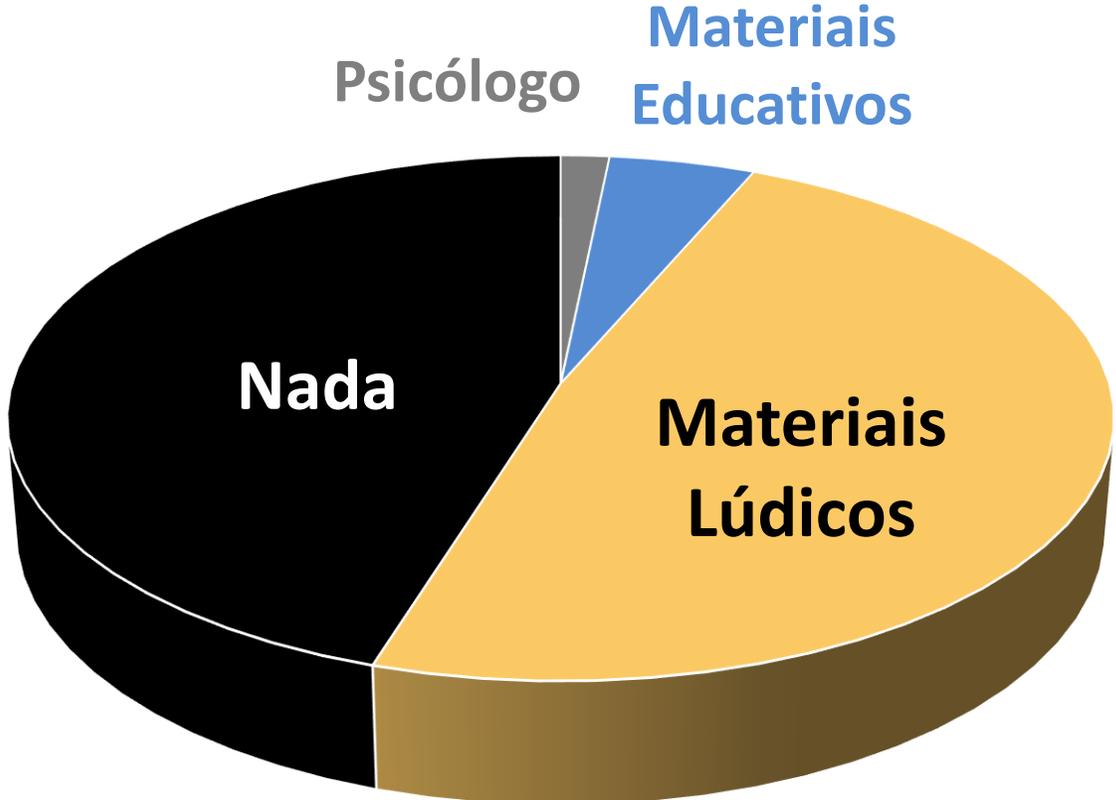


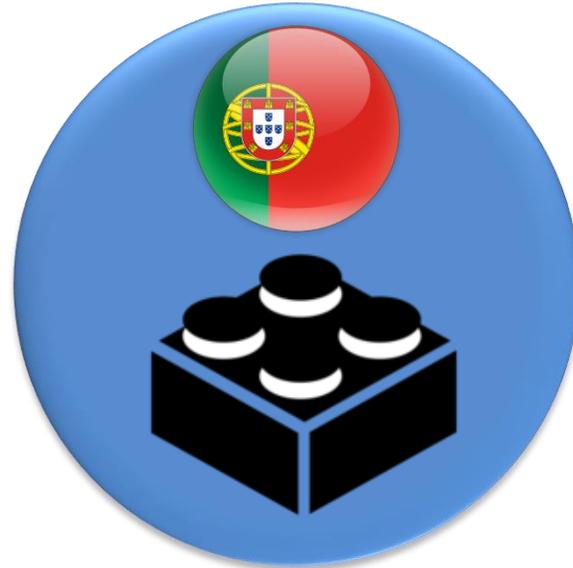


# Preferências



# Realidade



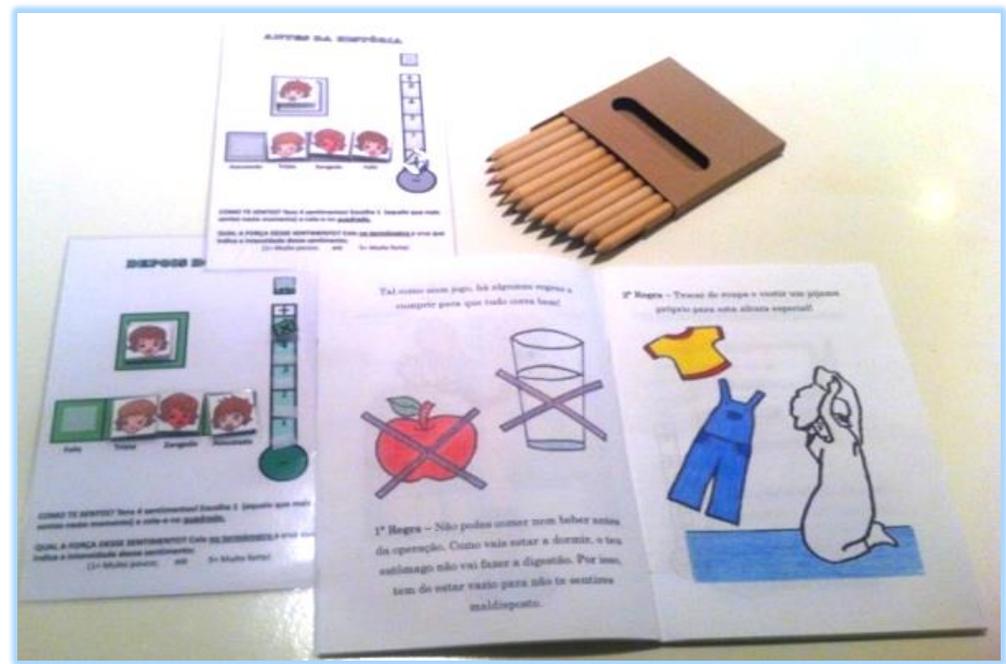


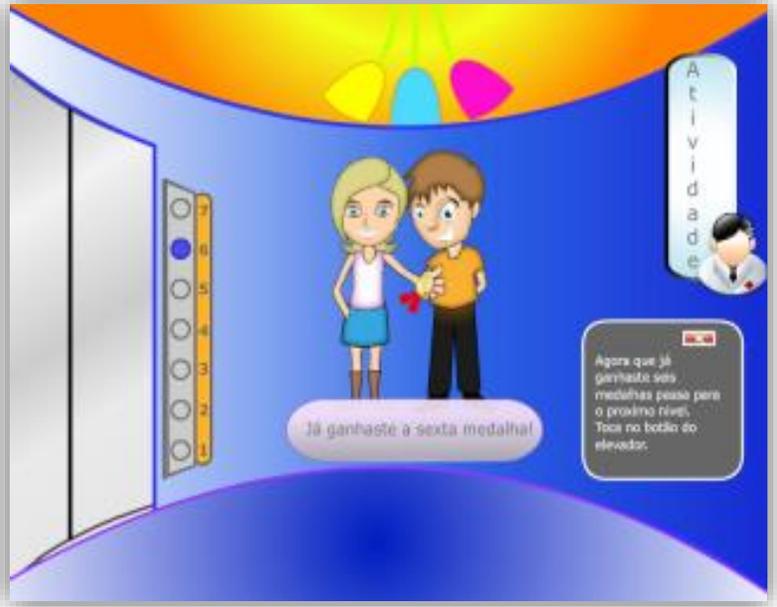
**Estudo 2**



**Estudo 3**



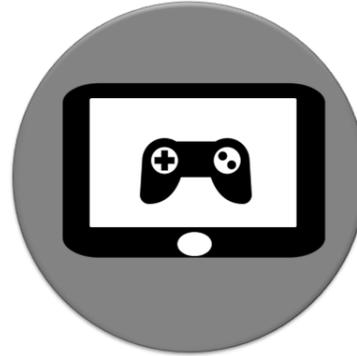




Estudo 2



Estudo 3



Admissão

Profissionais

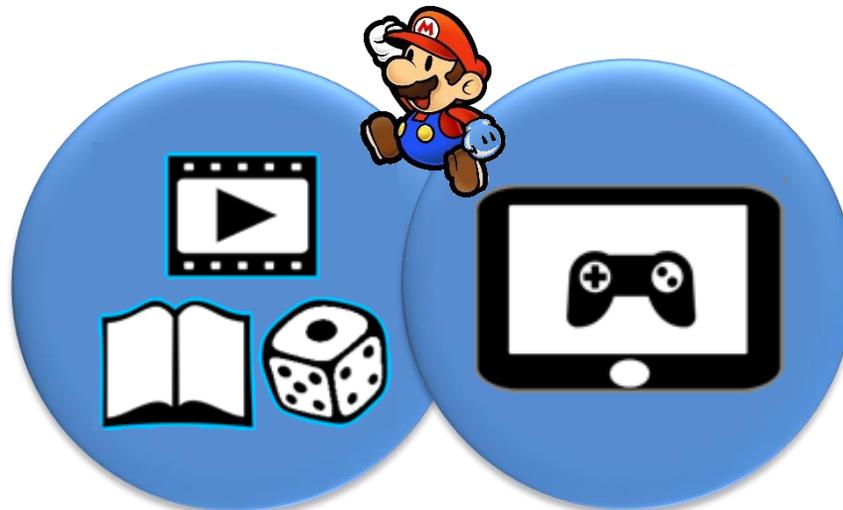
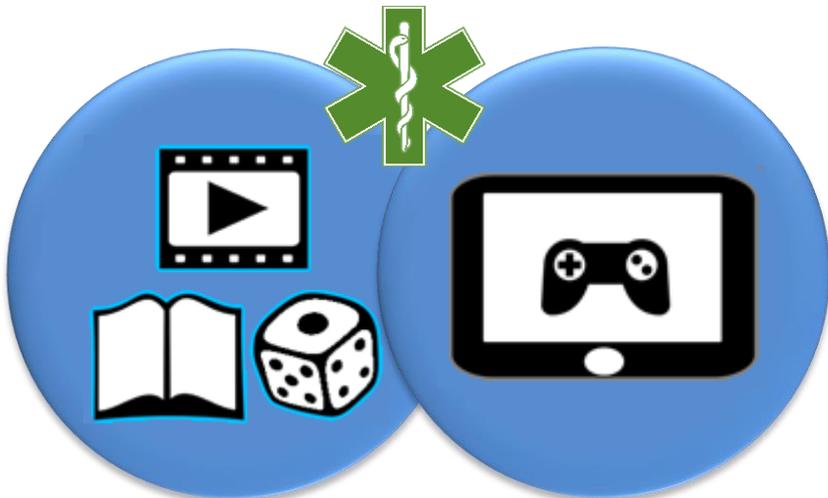
Instrumentos

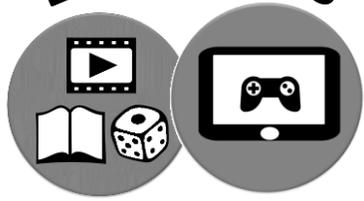
Procedimentos

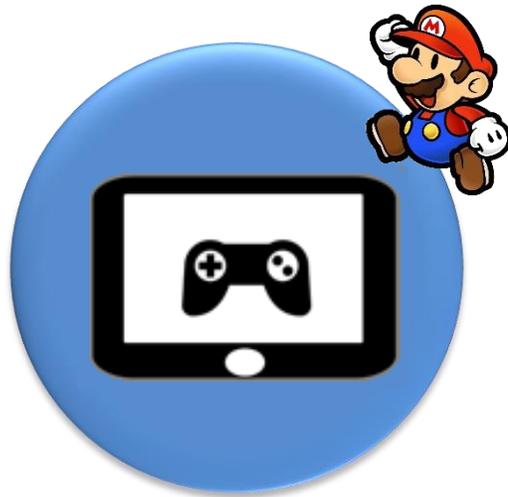
Anestesia & Bloco

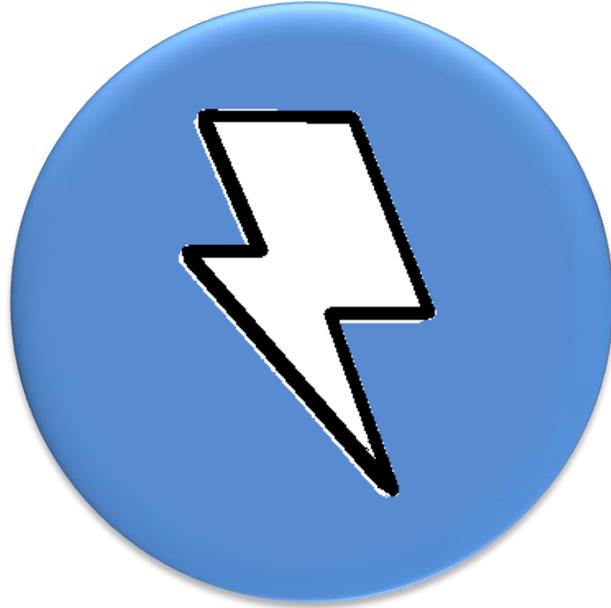
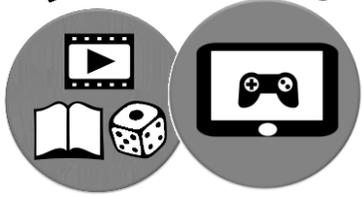
Recobro

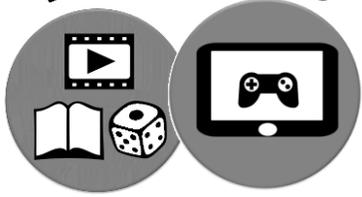
Alta











  
Cirurgia

RESPOSTAS FISIOLÓGICAS  
RESPOSTAS EMOCIONAIS

  
Admissão



Equipas multidisciplinares

**HOSPITALIZAÇÃO**

**CIRURGIA**

**PRÉ-OPERATÓRIO**



# PROGRAMAS PRÉ-OPERATÓRIOS EDUCATIVOS



- ✓ • Elevada aplicabilidade
- ✓ • Redução das preocupações

Antecipação e explicitação

Desmistificação

Proximidade

Familiarização

Controlo

Confiança

Importância

Necessidade

# PROGRAMAS EDUCATIVOS

Promover

Minimizar

Atitudes Cuidados Saúde



Respostas Negativas





REVISÃO

**Atitudes infantis face aos cuidados de saúde e percepção de dor: papel mediador dos medos médicos**

**Children's attitudes regarding health care and perception of pain: the mediating role of medical fears**

Sara Costa Fernandes<sup>1</sup>, Patrícia Arriaga<sup>1</sup>, Francisco Esteves<sup>1</sup>

**MUITO OBRIGADA!**

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**Providing preoperative information for children undergoing surgery: a randomized study testing different types of educational material to reduce children's preoperative worries**

S. C. Fernandes<sup>1\*</sup>, P. Arriaga<sup>1</sup> and F. Esteves<sup>2</sup>

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 **Routledge**  
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ARTICLES

**Using an Educational Multimedia Application to Prepare Children for Outpatient Surgeries**

Sara Fernandes and Patrícia Arriaga

*Center for Research and Social Intervention (CIS-IUL)*  
*University Institute of Lisbon (ISCTE-IUL)*

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